My Daily Inventory of Thoughts, Attitudes & Behaviors

"Walking in the Flesh" NEGATIVE	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	"Walking in the Spirit" POSITIVE
Apathy / Hatred																																Love
Pessimistic / Discouraged																																Joy
Self-Pity																																Peace
Impatient / Procrastination																																Perseverance
Callous / Unkind																																Gentleness
Immoral																																Goodness
Disobedient																																Obedience
Doubt & Fear																																Faith
Irresponsible																																Faithfulness
Stubborn																																Meekness
Lack of Self-Control																																Temperance
Resentment / Bitterness																																Merciful / Forgiving
Guilt / Shame																																Accepting Forgiveness
Prejudice / Partiality																																Just
Proud																																Humility
Deceitfulness																																Integrity
Anxiety																																Gratitude
Negative Thinking																																Positive Thinking
Immoral Fantasies																																Pure Thinking
Scattered Thinking																																Concentration
Forgetting God																																Communion with God
Mood Scale (1-10)																																
Proverbs																																

Psa. 19:12 Who can understand *his* errors? Cleanse me from secret *faults*.

Psa. 26:2-3 Examine me, O LORD, and prove me; try my mind and my heart. For Your loving-kindness *is* before my eyes, and I have walked in Your truth.

For Positive ~ Check Space ☑ For Mixture ~ "X" Space ☒

For Negative ~ Fill in Space ■

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